

## Frequently Asked Questions

### Who Should Treat My Allergies?

Otolaryngic Allergists are best qualified to diagnose and treat ear, nose and throat symptoms. Allergies are the common cause of many of the symptoms they see every day. Otolaryngic Allergists can provide broader health care solutions including medical and surgical treatments.

### What are allergy drops?

Allergy drops are a new and more convenient form of immunotherapy. Patients are prescribed allergy drops they take outside of the doctor's office. Using allergy drops saves patients time and money because a weekly appointment is not necessary. Talk to your Otolaryngic Allergist to find out if this is the right course of treatment for you.

### Insurance Plans Accepted

We participate with a wide variety of insurance providers, however we do not accept Medicaid, Aetna HMO or BCBS HMO insurance plans. Please contact us to confirm your insurance provider's participation and also determine your out-of-pocket expenses.

### Your First Appointment

Please bring your photo ID and insurance card to your initial visit. Certain patients will also need to provide their referral form and a copy of their X-rays. Our goal is to see patients at their scheduled appointment time, however the practice of Otolaryngology occasionally requires our physicians to be called for emergency medical care or surgery. In the event of an emergency your physician may run behind with regularly scheduled patients. When possible we will notify you in advance of the delay. *Your patience and understanding are appreciated.*



## Directions

### From I-75

- Take exit 267B (Highway 5).
- Follow Highway 5. Turn right at the first traffic light.
- Turn right immediately onto Elizabeth Street.
- Turn right at the next light onto Canton Road
- Our offices are located in the Marietta Health Park approximately one-half mile down on the left. Parking is complimentary.

### From Marietta Square

- Follow Cherokee Street towards I-75.
- Stay to your right and merge onto Canton Road.
- Our offices are located in the Marietta Health Park, approximately one-half mile down on the right. Parking is complimentary.

## Contact Us

Office hours: Monday - Friday, 9 a.m. - 5 p.m.  
Same day appointments are available.

Office: 770-427-0368

Fax: 678-581-5969

780 Canton Road, Suite 330  
Marietta, GA 30060



# Northwest ENT and Allergy Center

*come here. feel better.*

## Allergy Diagnosis & Treatment

770-427-0368  
[www.nw-ent.com](http://www.nw-ent.com)

chronic cough  
fatigue  
runny nose  
sneezing  
sinus congestion  
itchy, watery eyes  
suffering  
recurring ear infections



If you suffer from allergies you are not alone. More than one million Americans, from children to seniors, suffer from allergy-related symptoms each year. Allergies occur when your immune system reacts adversely to something you have eaten or been exposed to in the environment. The most common form of allergy is "hayfever" which generally affects people in the spring and fall. Hayfever symptoms include sneezing, runny nose, nasal stuffiness and itchy, watery eyes. However, environmental allergies can cause symptoms other times as well and may be the cause of chronic symptoms you are experiencing that are not relieved by other forms of treatment.

Symptoms may include chronic sinus problems, postnasal drip, head congestion, frequent colds," recurring ear infections, hearing loss, dizziness, chronic cough and asthma. Some stomach and intestinal problems, skin rashes, chronic headaches and fatigue can also be caused by allergies.

The board certified Otolaryngic Allergists at Northwest ENT & Allergy Center have received extensive training in the diagnosis and treatment of allergies. Their extensive ear, nose and throat knowledge, combined with comprehensive allergy training, can save you time and money by properly diagnosing and treating the real cause of your symptoms the first time.



### Allergy Diagnosis

During your initial visit, your physician will carefully review your health history and current symptoms as well as your family's health history. In order to confirm your doctor's initial diagnosis, more extensive skin tests must be scheduled.



### Allergy Treatment

**Avoidance** -- Once your allergy has been diagnosed and you are aware of the environmental cause of your symptoms, one course of action is to avoid the allergen. However, that is not always possible.

**Medication** -- There are a variety of over-the-counter and prescription medications that may be prescribed by your doctor to relieve your allergy symptoms. These include antihistamines, decongestants, prescription nasal sprays and leukotriene inhibitors.

**Immunotherapy** -- When allergen avoidance and medications do not successfully control your allergy symptoms, your Otolaryngic Allergist may recommend immunotherapy. Through shots or oral drops your doctor can change your body's response to the problem allergen over time. Immunotherapy can improve or eliminate symptoms, as well as reduce or eliminate the need for medications and future treatment.



### Allergy Symptoms

- Repeated sneezing
- Nasal itching and rubbing
- Nasal congestion
- Runny nose
- Dark circles under the eyes
- Grease across bridge of nose
- Mouth breathing
- Diminished/lost sense of smell/taste
- Recurrent, unexplained nosebleeds
- Cold-like symptoms for more than 10 days
- Symptoms recur the same time each year
- Recurrent ear infections
- Recurrent sinus infections
- Fluctuating hearing loss
- Chronic fatigue



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